




The Arc
Ocean County Chapter

Fun In Your Free Time

Week of July 1-July 7



Recipe of the Week

[Patriotic Graham Crackers](#)



Explore

[San Diego Zoo](#)



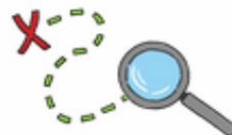
Health and Fitness

[Dance Workout](#)



Movie of the Week

[Cloudy with a Chance
of Meatballs](#)



Scavenger Hunt

[Household Objects](#)