



## **Summer Gardens at The Arc**

The Arc's Tuckerton Adult Training Center (ATC) has created a garden oasis for their day program participants this summer growing an amazing assortment of vegetables and herbs. Participants are planting, watering, and harvesting the crops to then bring home for healthy and delicious recipes as part of our Healthy Lifestyles Initiative.

Make a Donation to The Arc



## The Arc's Big Game

Over 100 BlueClaws fans from The Arc came out on July 9th for the Community Partner Game with our hometown team! Noel J. and John G. from #ArcOcean went down to home plate to throw out the first pitch and we shared valuable information about our mission. Read our blog post on the night <a href="https://example.com/here-blog-new-appendix">here</a>.



## **Power in Numbers**

Warm welcome to this year's Board for The Arc of Ocean's self-advocacy group, Power In Numbers. They proudly represent self-advocates at the AEC, and throughout Ocean County, NJ to raise awareness and advocate for equal rights for all people with disabilities.



We're hosting our 2nd Annual Mini Golf Tournament and Gift Auction this year on Saturday, September 24th at Barnacle Bill's Miniature Golf in Ortley Beach, NJ! Registration is now open so be sure to sign up with your foursome today, become a sponsor, make a donation, or donate to the gift auction. Learn more <u>here</u>.



## Send a Thank You

Direct Support Professionals (DSPs) are recognized nationally in September for their hard work and dedication to serving the community. #ArcOcean wants to hear from you! <u>Please send</u> a thank you note or share a personal story to include in an upcoming post to the DSPs who care for your loved ones at The Arc.









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