




The Arc
Ocean County Chapter

Fun In Your Free Time

Week of September 23-September 29



Recipe of the Week

[Peanut Butter Cookies](#)



Explore

[National Gallery of Art](#)



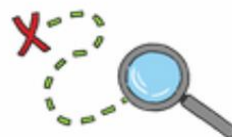
Health and Fitness

[Low Impact Workout](#)



Movie of the Week

[The Smurfs](#)



Scavenger Hunt

[Grocery Store](#)