

## Developmental Disabilities Awareness Month

# ***Everyone Belongs***

## What are intellectual and developmental disabilities?



### **What is an Intellectual Disability?**

The onset of an intellectual disability occurs before age 18 and causes limitations in two areas:

1. intellectual functioning
2. adaptive behavior

### **What is Adaptive Behavior?**

Adaptive behavior is age-appropriate behavior necessary for a person to live independently, function safely and appropriately in daily life. Adaptive behaviors include life skills such as grooming, dressing, managing money, and making friends.

### **What is a Developmental Disability (DD)?**

A developmental disability is a life-long disability that occurs before age 22 *and* causes three or more limitations in the following areas of life activity:

1. self care
2. language
3. learning
4. mobility
5. self-direction
6. capacity for independent living
7. economic self-sufficiency

### **What is the difference between an Intellectual and a developmental disability?**

The major differences are:

1. age of onset
2. severity of limitations
3. the DD definition does not refer to an IQ requirement



### **How many people have an Intellectual disability?**

Nationally, about 4.6 million Americans have an intellectual or developmental disability. Between 2006-2008, 1 in 6 children were diagnosed with a developmental disability.

In New Jersey, it is estimated that 200,000 children and adults have an intellectual or developmental disability.