



Have some FUN with your friends at The Arc, Ocean County Chapter and participate in our upcoming activities at home. Share your photos with us by email to [Development@arcocean.org](mailto:Development@arcocean.org) or tag us on [Facebook](https://www.facebook.com/thearcoceancounty) @thearcoceancounty.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 The Arc Ocean County Chapter	 1 National Say Something Nice Day	 2 Try Something New Tuesday Science Experiment	3 Work Out Wednesday Zumba 	4 Thank You Thursday 	 5 National Donut Day	 6 Smile Saturday
7 Social Distancing Selfie Sunday <i>Send us a picture of you properly social distancing</i>	8 National Best Friends Day 	9 Try Something New Tuesday Paint a Picture 	10 Work Out Wednesday Yoga 	11 Thank You Thursday 	 12 Fun-day Friday Wear PJs	 13 Smile Saturday
14 Social Distancing Selfie Sunday 	15 National Smile Power Day <i>Show the Power of a Smile</i> 	 16 Try Something New Tuesday Jewelry Making	17 Work Out Wednesday Neighborhood Walk 	18 Virtual Dance Party <i>*Register Online</i> 	 19 Fun-day Friday Wear Crazy Socks	20 First Day of Summer 
21 Father's Day 	 22 Munchie Monday <i>Make your favorite food for lunch</i>	 23 Try Something New Tuesday DIY Decoration	24 Work Out Wednesday Backyard Game 	25 Thank You Thursday 	26 Fun-day Friday Wear Your Favorite Color 	 27 National Sunglasses Day
28 Social Distancing Selfie Sunday 	 29 National Camera Day	30 Try Something New Tuesday Baking 	 @thearcoceancounty	 @thearcocean	 @thearcocean	<i>*To receive the Zoom link for the Virtual Dance Party on June 18<sup>th</sup> register online at <a href="http://www.arcocean.org">www.arcocean.org</a></i>

Photo submissions provide The Arc, Ocean County Chapter the right to share your picture.  
If you DO NOT want your picture posted on social media, please be clear in your email.