



Celebrate #DDAware

Developmental Disabilities Awareness Month aims to raise awareness about the inclusion for people with disabilities in their communities and spotlight the barriers some people still face. We encourage you to get involved nationally and right here in Ocean County!

- Sign up as an [Arc Ambassador](#) and volunteer
- Schedule a tour with our [Arc Employment Center](#)
- Become an [Employment Supports](#) business partner



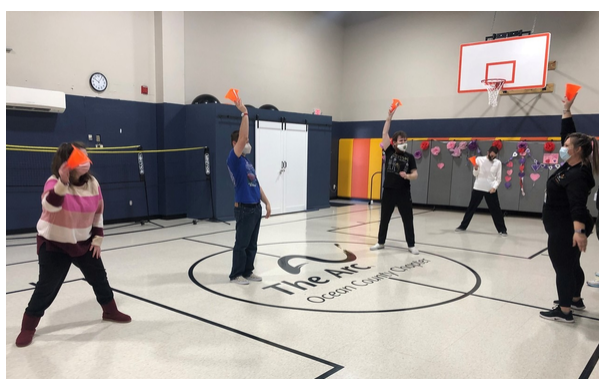
Talent Show

We are celebrating Developmental Disabilities Awareness Month at The Arc, Ocean County Chapter with our [2nd Annual Virtual Talent Show](#)! Join us Thursday, March 3rd on Zoom as we cheer on our many talented performers. To raise funds for our mission, we are selling raffle tickets with a top prize of a \$1,000 AMEX gift card! [Learn more](#)



Step Up for The Arc

After a two year hiatus, we are thrilled to celebrate our 20th Anniversary Step Up for The Arc Walk with you on Saturday, May 21st at FirstEnergy Park, home of the Jersey Shore BlueClaws. [Register now](#) for our biggest celebration yet!



Adaptive Fitness

Participants from our Journeys and Discovery day program who are interested in staying healthy and active are joining certified trainers from Monster Fitness for Adaptive Fitness classes in the Bill Burke Wellness Center. We're so excited to see our vision for Health and Wellness at The Arc come to fruition!



Meet Pinky

Pinky joins The Arc, Ocean County Chapter Clinical Supports and Services team this month offering individuals with disabilities the option to sit with a therapy dog to help relieve anxiety and bring comfort during sessions. To learn more about our clinical supports team [click here](#).



The Arc, Ocean County Chapter | www.arcocean.org | info@arcocean.org

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