

Vocational Services Descriptions

The Arc, Ocean County Chapter, Inc. is a non-profit organization that provides support to individuals with intellectual and developmental disabilities. Various program, employment and service options listed below are available. Support services are flexible to meet the individual's needs and preferences, and catered to personal skills and abilities.

- ✓ Day Habilitation
- ✓ Pre Vocational Training
- ✓ Employment Supports
- ✓ Supported Employment
- ✓ Career Planning

"The vocational programs help people to learn skills to get a job. I learned new things like being responsible, time management, and communication and how to do jobs in the community by volunteering at our job samples."



Contact Information:

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Vocational Services Descriptions



Service: Day Habilitation

Course: Arts

Activities to enhance abilities and knowledge in the creative arts field. The following types of art projects and artistic experiences include but are not limited to: painting, drawing, art classes, photography.

Service: Day Habilitation

Course: Computers

Computer training activities to enhance ability to independently utilize a computer and various other technologies.



Service: Day Habilitation

Course: Health

Activities that promote various dimensions of wellness including but not limited to: swimming, yoga, nutrition, walking club, hygiene, self-esteem.

Service: Day Habilitation

Course: Life Skills

Activities which aim to develop abilities in the completion of daily living skills including but not limited to: personal care, meal preparation, shopping, time management, self advocacy, safety awareness.



**"I am grateful for my program.
I could not have gotten a job without The Arc."**

Vocational Services Descriptions



Service: Day Habilitation

Course: Money Management

Activities which aim to develop abilities in handling and managing money including but not limited to: cash/coin identification, budgeting, check writing and balancing.

Service: Day Habilitation

Course: Janitorial

Janitorial training on various tasks including but not limited to: sweeping, mopping, stocking.



Service: Day Habilitation

Course: Recreation

Recreational activities offered on site and in the local community. Location, time and cost vary.

The Arc's Vocational Services offers programs and services conveniently located throughout Ocean County, New Jersey.



- Adult Training Center at Lakewood
- After-School and Adult Drop-Off programs
- Arc Cleaning Services
- Arc Employment Center
- Community Connections Adult Training Center
- Journeys & Discovery Adult Training Center
- North Bay Adult Training Center
- Supported Employment
- Transition Services
- Transportation Services
- Trial Work Experience
- Tuckerton Adult Training Center



Service: Supported Employment

Course: Pre-Placement

Linked with a support staff whom will assist with identifying, applying to and interviewing for competitive employment opportunities.

Service: Supported Employment

Course: Job Coaching

Hands on assistance at place of employment from support staff. On the job training is provided to assist in the development of natural supports, skill acquisition and various other needs affecting job performance.



Service: Supported Employment

Course Type: Long Term Follow Along

Periodic check-ins from their support staff directly at the work site.

Service: Employment Supports

Course Type: Trial Work Experience

Exposure to various job tasks and work environments in order to assess interests and capabilities in regards to employment.



"I like earning a paycheck and using my paycheck to pay for things I want. It makes me more independent."

Vocational Services Descriptions



Service: Pre Vocational Training

Course: Community-based

Training opportunities to assist with skill/task completion. Activities are provided via job sampling/volunteering at business establishments within the local community. Current industries include but are not limited to: retail, food service, maintenance, health care, human services, agriculture, hospitality. Location and time vary.

Service: Pre Vocational Training

Course: Facility-based

Training opportunities to enhance independence and increase job readiness. Activities offered on-site and include but are not limited to: resume writing, interview skills, workplace soft skills.



Service: Career Planning

Course: Career Planning

Provides a person centered, individualized employment plan that assists in obtaining, maintaining or advancing in competitive employment.

Hours of Operation:

Programs operate Monday through Friday 9AM to 3PM with the exception of our After School and Adult Drop Off programs which operate Monday through Friday 2:30PM to 5:30PM. Supported Employment and the Arc Cleaning Services operate a 24/7 flexible schedule.

