

## DEVELOPMENTAL DISABILITIES AWARENESS MONTH

Presented by The Arc, Ocean County Chapter





About The Arc The Arc, Ocean County Chapter is a nonprofit organization that has proudly been supporting individuals with intellectual and developmental disabilities (IDD) since 1955. We provide residential, vocational, recreation, family support and clinical services to over 1,000 individuals and their families.



Programs & Services







#### Residential

180 residents receive supports in one of our 21 group homes, 40 supervised apartments or 9 supportive living apartments.

### Vocational

500 participants receive job training, employment opportunities, and transportation to develop life and work skills.

Recreation

110 clients participate in fun socialization activities that interest them out in the community.







#### Clinical Services

120 clients receive behavioral, counseling, and medical supports by qualified clinicians.



*Family Support* 50 families receive respite, referrals, advocacy and emotional support.



The Arc supports individuals with intellectual AND developmental disabilities SO WHAT IS THE DIFFERENCE?



## Intellectual disabilities

are characterized by significant limitations before the age of 18 in

- Intellectual functioning such as learning, reasoning, and problem solving
- Adaptive behavior like social and life skills

*Developmental disabilities* encompass chronic physical or intellectual disability that begins before age 22, is expected to be lifelong, and limits your ability to care for yourself and live on your own.





## Examples of developmental disabilities include...

- Autism Spectrum Disorder
- Cerebral Palsy
- Fetal Alcohol Spectrum Disorders
- Hearing Loss and Vision Impairment
- Language and Speech Disorders
- Learning Disorders
- Muscular Dystrophy
- Tourette Syndrome





important?

The month of March has been recognized as Developmental Disabilities Awareness Month since 1987 which gives us the opportunity to raise awareness about people with developmental disabilities and educate our communities on becoming more inclusive and understanding.

# Why is March







#### Get Educated

Invite The Arc to host an awareness presentation to learn more about disability inclusion opportunities

### Join us in Membership

Be an advocate and ally for people with IDD as a member of The Arc in Ocean County, New Jersey and the United States

#### Hire Us

Hire our Arc Employment Center for your assembly line and cleaning needs or partner with our Employment Supports to participate as trial work experience job sites.





Become an Arc Ambassador Volunteer your time at events and represent The Arc in your community

#### Step Up for The Arc Walk

#### Mini Golf Tournament

• May 13th at the BlueClaws • Set up and clean up • Crafts, games & refreshments

• September at Barnacle Bills Set up and clean up • Refreshments and prizes





### Step Up for The Arc Walk

Create a walk team and share your peer to peer fundraising page



#### Host Club Fundraisers

- Penny Wars
- Jeans Day
- Bake Sale
- Festival of Trees

## Raise Funds

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The Arc. Ocean County Chapter



#### Get Your Community Involved



- Host a dine to donate at your favorite restaurant
- Ask a friend, family member or co-worker for a donation

#### Share on Social Media



- Start a 24 hour social media fundraising challenge
- Create a birthday fundraiser on Facebook



## Raise Funds





