

THE ARC, OCEAN COUNTY CHAPTER

April Recreation



SATURDAY RECREATION: HAVE FUN WITH YOUR ARC FRIENDS EVERY SATURDAY.
FROM 10AM-3PM AT 150 OBERLIN AVE, BUILDING 1-4 IN LAKEWOOD!
10 COMMUNITY INCLUSION UNITS, 10 RESPITE UNITS & 30 MILES





BOWLING: NORTHERN BOWLING @ OCEAN LANES FROM 3-5:00PM AND
SOUTHERN BOWLING @ THUNDERBIRD LANES FROM 4-5:30PM.
\$50 REGISTRATION + INDIVIDUAL GAMES

COOKING CLUB: LEARN HOW TO COOK A HEALTHY MEAL AND TASTE YOUR HARD WORK!
6PM-8PM AT 150 OBERLIN AVE IN LAKEWOOD
8 RESPITE UNITS

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May Recreation



	1 BOWLING 	2 COOKING CLUB 	3	4	5	6 SATURDAY RECREATION 
7	8 BOWLING 	9	10	11	12 	13 STEP UP FOR THE ARC WALK SATURDAY RECREATION
14	15 BOWLING 	16 COOKING CLUB 	17	18	19	20 SATURDAY RECREATION 
21	22 BOWLING 	23	24	25	26	27
28	29 MEMORIAL DAY 	30	30			

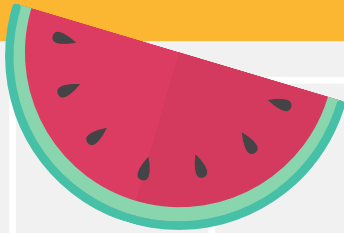
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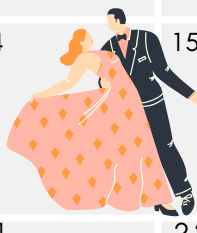




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June Recreation



				1	2	3  SATURDAY RECREATION
4	5	6  COOKING CLUB	7	8	9	10  SATURDAY RECREATION
11	12	13	14  SPRING FORMAL	15	16	17  SATURDAY RECREATION
18	19	20  COOKING CLUB	21	22	23	24  SATURDAY RECREATION
25	26	27	28	29	30 	

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10 COMMUNITY INCLUSION UNITS, 10 RESPITE UNITS & 30 MILES

SPRING FORMAL: JOIN US FOR A YUMMY SIT-DOWN DINNER AND TO DANCE THE NIGHT
AWAY AT OUR SPRING FORMAL! FROM 6PM-9PM AT THE TOMS RIVER CLARION
\$80 PER TICKET- DINNER INCLUDED

COOKING CLUB: LEARN HOW TO COOK A HEALTHY MEAL AND TASTE YOUR HARD WORK!
6PM-8PM AT 150 OBERLIN AVE IN LAKEWOOD
8 RESPITE UNITS