



Support our Participants & Step Up for The Arc!

The entire Arc family will be walking to raise awareness for community inclusion for people with disabilities on Saturday, May 17th at the Jersey Shore BlueClaws! We hope you will join us by [registering to walk](#) and fundraising for our programs and services, or by [making a donation](#) to a walk team. As a fundraising incentive, every registered walker who raises or donates \$50 will receive this year's commemorative t-shirt. Visit our [Step Up for The Arc](#) website powered by Run Sign Up to learn more.



Run The Arc's 5K Race!

Sign up to run or walk our 3.1 mile course at the Jersey Shore BlueClaws Stadium, timed by Split Second Racing! Join us at 8am on Saturday, May 17th to start the race, check-in opens at 7am and race medals are

awarded at 9am. Registration is \$30 per runner with an Arc water bottle included, plus raise an additional \$20 to receive your t-shirt. [Register here.](#)



CCATC Spring Market

The Community Connections ATC put together a spring market on April 22nd in Lakehurst with crafts, books, and treats for sale, a pie throwing contest featuring Matt Brady, Asst. ED of Vocational, and live performances, with all proceeds supporting their Step Up for The Arc Walk team that directly benefits participants at the CCATC. What a fun day!



A Warm #ArcOcean Welcome

The Arc welcomed support coordinators and families to our HQ on April 23rd for a meet and greet with residential directors, virtual home tour, and information on our new Special Olympics teams. We were happy to network with our community and share the amazing programs and services we offer adults with disabilities. Check out the current residential openings [here](#).



Saturday, May 3rd from 12:00pm-2:00pm

Here We Go Wave Riders!

The Arc of Ocean Wave Riders track and field team are headed to regionals for Special Olympics NJ and we're hosting a pep rally to cheer on our athletes. Please join us Saturday, May 3rd from 12-2pm at the Bill Burke Wellness Center and show your pride for our team. To sign up, visit the Recreation Order Form [here](#).



Hello Spring!

Arc residents and program participants celebrated Easter this month crafting bunny ears, dying Easter eggs, painting decorations, and shopping for the biggest peep we have ever seen! We welcome the warmer spring days and sunshine in the weeks ahead, and soon enough we'll be planting our flowers and gardens. Happy Spring friends!



Support for Families

The Arc's Support Coordination team visited Bell Works to help individuals with disabilities and families chart the path of services for a successful and meaningful life in Atlantic, Burlington, Middlesex, and Monmouth counties.



It's Baseball Season

The Arc is once again partnering with our friends at the Jersey Shore BlueClaws selling discounted \$14 tickets to select games this summer ~ May 7th, June 15th, July 19th, and August 9th. Join us for one, or all four, and support The Arc with a ticket to our hometown team. For more info or to purchase tickets [click here](#).



Out and About with #ArcOcean

We stepped outside and got moving with a fun Spring Scavenger Hunt at the park! The Tuckerton ATC participants and staff enjoyed the warm sunshine and searched high and low for flowers, leaves, and bugs which had everyone walking all around for a creative wellness activity. Do you have a favorite place to walk in Ocean County? [Let us know!](#)

Support The Arc, Ocean County Chapter



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