



Vocational Services

SERVICE/COURSE DESCRIPTIONS

The Arc, Ocean County Chapter, Inc. is a non-profit organization that provides support to individuals with intellectual and developmental disabilities. Various program, employment and service options listed below are available. Support services are flexible to meet the individual's needs and preferences, and catered to personal skills and abilities.

EMPLOYMENT SUPPORTS

Service: **Supported Employment**

Course Type: **Pre-placement**

Linked with a support staff whom will assist with identifying, applying to and interviewing for competitive employment opportunities.

Service: **Supported Employment**

Course Type: **Job Coaching**

Hands on assistance at place of employment from support staff. On the job training is provided to assist in the development of natural supports, skill acquisition and various other needs affecting job performance.

Service: **Supported Employment**

Course Type: **Long Term Follow Along**

Periodic check-ins from their support staff directly at the work site.

Service: **Employment Supports**

Course Type: **Trial Work Experience**

Exposure to various job tasks and work environments in order to assess interests and capabilities in regards to employment.

SUPPORTS PROGRAM

Service: **Career Planning**

Course Type: **Career Planning**

Provides a person centered, individualized employment plan that assists in obtaining, maintaining or advancing in competitive employment.

SUPPORTS PROGRAM

Service: **Day Habilitation**

Course Type: **Arts**

Activities to enhance abilities and knowledge in the creative arts field. The following types of art projects and artistic experiences include but are not limited to: painting, drawing, art classes, photography.

Service: **Day Habilitation**

Course Type: **Computers**

Computer training activities to enhance ability to independently utilize a computer and various other technologies.

Service: **Day Habilitation**

Course Type: **Health**

Activities that promote various dimensions of wellness including but not limited to: swimming, yoga, nutrition, walking club, hygiene, self-esteem.

Service: **Day Habilitation**

Course Type: **Life Skills**

Activities which aim to develop abilities in the completion of daily living skills including but not limited to: personal care, meal preparation, shopping, time management, self advocacy, safety awareness.

Service: **Day Habilitation**

Course Type: **Money Management**

Activities which aim to develop abilities in handling and managing money including but not limited to: cash/coin identification, budgeting, check writing and balancing.

Service: **Day Habilitation**

Course Type: **Janitorial**

Janitorial training on various tasks including but not limited to: sweeping, mopping, stocking.

Service: **Day Habilitation**

Course Type: **Recreation**

Recreational activities offered on site and in the local community. Location, time and cost vary.

Service: **Pre Vocational Training**

Course Type: **Community-based**

Training opportunities to assist with skill/task completion. Activities are provided via job sampling/volunteering at business establishments within the local community. Current industries include but are not limited to: retail, food service, maintenance, health care, human services, agriculture, hospitality. Location and time vary.

Service: **Pre Vocational Training**

Course Type: **Facility-based**

Training opportunities to enhance independence and increase job readiness. Activities offered on-site and include but are not limited to: resume writing, interview skills, workplace soft skills.

PROGRAMS/SERVICES

The Vocational Services Department has the following programs and services available; all conveniently located throughout Ocean County, New Jersey.

Training Centers - six (6) locations throughout Ocean County

Arc Employment Center

Arc Cleaning Services

Supported Employment

Trial Work Experience

Transition Services

Transportation Services

After-School and Adult Drop-Off programs

Hours of Operation

Programs operate Monday through Friday 9AM to 3PM with the exception of our After School and Adult Drop Off programs which operate Monday through Friday 2:30PM to 5:30PM. Supported Employment and Arc Cleaning Services operate 24/7 flexible schedules.

Contact Information

Contact us by phone 732-363-3335 ext. 110 or email Gina.Lambusta@arcocean.org to learn more on how The Arc can fit within your plan and budget.

Please visit www.arcocean.org to learn more.